UMB DIVING:

**Guidelines for Scientific Diving and Covid-19**

All divers and dive support staff will use the following guidelines as of June 9, 2022:

* All UMass Boston affiliated divers and dive support staff (boat / dive tenders etc.) will comply with current   
  UMass Boston guidance and restrictions for COVID 19 as found at: [www.umb.edu](http://www.umb.edu/)
* Current UMB guidelines can be found here:
  + [UMB Campus Covid-19 Guidelines](https://www.umb.edu/coronavirus/covid_19_university_policy)
  + [UMB Campus Covid-19 Updates](https://www.umb.edu/coronavirus/updates_new)
* ***Due to possibility of extreme pulmonary compromise, symptomatic COVID with evidence of infection, or other pulmonary distress, are automatic contra-indications for diving*.** 
  + If any diver has had symptoms and tested positive for COVID:
    - **Resumption of diving will require mandatory**
      * **Doctor’s physical examination and doctor authorization letter**
      * **If symptoms were severe or involved pulmonary distress, we recommend consideration of a chest x-ray and pulmonary function test at the doctor’s discretion**
* **Per CDC guidelines – Fully vaccinated individuals can:**
  + Resume activities without wearing masks or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules and regulations, including local business and workplace guidance
    - See: [CDC fully-vaccinated-guidance](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html)

**While current science shows little risk from surface contact, we recommend the following:**

* Common pre- and post-dive activities such clearing nasal passages and throats of mucus should only take place in the water, at a distance from other divers and the boat.

For more information, see the following:

Diving after SARS-CoV-2 (COVID-19) infection: Fitness to dive assessment and medical guidance

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9016139/>

Return to Diving after COVID-19

<https://www.dmac-diving.org/guidance/DMAC33.pdf>

Dive Operations and COVID-19: Prepping for Return

<https://dan.org/safety-prevention/diver-safety/divers-blog/covid-19-and-diving-march-2021-update/>

CPR and COVID-19

<https://dan.org/safety-prevention/diver-safety/divers-blog/cpr-and-covid-19/>